

Spring HEC Meeting

April 11-12, 2024

Carroll College | Helena, MT

Hosted by:



1601 N Benton Ave
Helena, MT 59625

Purpose: Meet as Montana Teacher Training Programs to discuss critical issues related to preparing future teachers and administrators for Montana schools. Also, increase networking and collaboration between teacher training programs staff throughout Montana.

Topics: The theme for the Spring 2024 HEC Meeting is *Sowing the Seeds for Wellness*.

Outcomes: Participants will do the following

- Learn, collaborate, and network with other Montana EPPs.
- Learn more about Carroll College.

Agenda | April 11, 2024

Location – Sienna Room in Campus Center (Cube)

12:00 – 1:00 Group Working Lunch

Welcome to Carroll College

- HEC Member Introductions
- Review the Agenda and Materials

*Kari Dahle-Huff, Ph.D.,
MSU-Billings &
Melissa Walker, Ph.D.,
MSU-Billings*

1:00 – 1:15 Welcome

*Assistant Superintendent
Christy Mock-Stutz*

1:15 – 2:15 Mental Health First Aid and the Role of Faculty
with Students Receiving Services

*Jerry Girard,
MSU-Billings*

2:15 – 2:30 Break

2:30 – 3:30 QPR

*Jerry Girard,
MSU-Billings*

3:30 – 3:50 Creative Reflection Activities and Self-Care

*Melanie Reaves, Ph.D.,
MSU-Billings*

3:50 – 4:40 HEC Jobs Alike Discussions – Small Groups

*Kari Dahle-Huff, Ph.D.,
MSU-Billings &
Melissa Walker, Ph.D.,
MSU-Billings*

4:40 – 5:00 HEC Jobs Alike Reports – Large Group

*Kari Dahle-Huff, Ph.D.,
MSU-Billings &
Melissa Walker, Ph.D.,
MSU-Billings*

5:00 Adjourn – Carroll College Bookstore open until 5:30

6:00 Social Networking – Downstairs at the Brewhouse
939 Getchell St

Agenda | April 12, 2024

Location – Sienna Room in Campus Center (Cube)

7:30 – 8:00 Breakfast

8:00 – 8:15 Welcome and Review the Agenda and Announcements

*Kari Dahle-Huff, Ph.D.,
MSU-Billings &
Melissa Walker, Ph.D.,
MSU-Billings*

8:15 – 8:45 Montana Office of Public Instruction Updates

*Danni McCarthy,
Montana Office of Public
Instruction*

8:45 – 10:15 Better Stress Management

*Joe Moriarty, Montana
Office of Public
Instruction*

10:15 – 10:30 Break

10:30 – 12:00 Supporting Student and Staff Wellness Panel
Facilitated by Tammy Lysons and Michele Henson
from OPI

*Lona Carter, Helena
Public Schools, Stephanie
Iron Shooter, DPHHS,
Genie Zeeck, OPI, &
Nancy Berg, University of
Montana*

12:00 – 12:15 IHE Announcements and Updates
Concluding Remarks
Fall Meeting Dates and Possible Topics

*Kari Dahle-Huff, Ph.D.,
MSU-Billings &
Melissa Walker, Ph.D.,
MSU-Billings*

12:15 Adjourn